

## Seniors (ages 10+) Week 8: August 15 -August 19, 2022

**Drop Off: 8:15-8:30am / Pick Up: 2:30-2:45 pm**

**Campers with severe tree nut, peanut, sesame & egg allergies are at camp this week. Please do not pack foods containing these products  
Cell. phones are required to be left with parents. Due to an increase in shark sightings on the island's South Shore Beaches, we have cancelled all South  
Shore beach activities for this week. We will be hosting beach activities on the island's Bay side beaches**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Group Meeting /Intro. Schedule review.</b>	<p style="text-align: center;"><b>Charter Fishing Trip Aboard Absolute Fishing Charters</b></p> <p><i>Fishing trip off the Great Point with Captain Brian Borgeson. <u>Please drop your child in the senior group at Straight Wharf at 8:30 am. Staff will be greeting them in front of the Tavern's Gazebo</u></i></p> <p style="text-align: center;"><i>Catching Bluefish and Striped Bass!</i></p>	<b>Science Activity</b>	<b>Fitness Wake Up/Conditioning</b>	<b>Soccer &amp; Gymnastics</b>
<b>Visit the Nantucket 1800 House</b>		<i>Making your own Bouncy Ball Out of Glue, Borax Cornstarch, &amp; Food Coloring</i>	<i>Wake up with some fun stretched followed by a morning jog (Delta Fields)</i>	<i>Choice of Soccer Skills Practice &amp; Game or Gymnastics Routines</i>
<i>Craft some old Nantucket Wood Bounded Bracelets</i>		<b>Potential movie at Dreamland or the 'Sconset Casino</b>	<b>Nantucket Shipwreck Museum</b>	<b>Valero Farm</b>
<b>Capture the Flag</b>		<i>(Due to significant rain forecast)</i>	<i>Make new rope knots, learn morse code and other facts about Nantucket's former Coast Guards</i>	<i>To meet the animals and learn proper care of them with our camper and horse whisper Nora Valero, hosting!</i>
<i>Capture the Flag Game at the Delta Fields</i>				<b>Marine Collecting at Madaket Bay</b>
				<i>Let's find Quahogs (Clams), Oysters, Conch Shells &amp; Crabs to Observe</i>
<b>LUNCH (Optional outdoor lunch may be purchased in various island locations on Tuesday &amp; Friday, solely for this Senior Group! )</b>				
<b>Swimming Refinement</b>	<b>Ice Skating</b>	<b>Tennis</b>	<b>Sailing</b>	<b>Swimming Refinement</b>
<i>Swimming assessments for new campers followed by novice to pre-lifeguarding skills taught, water games &amp; board jumps (Nantucket High School pool)</i>	<i>Pack warm clothes, socks, and your bicycle helmet.</i>	<i>(Games of King of the Court Doubles, Jail &amp; More)</i>	<i>Hop aboard the Endeavor Sailboat for Nantucket Harbor sailing at its best!</i>	<i>(Stroke refinement, board jumps and water games)</i>
	<i>(Rink provides skates &amp; sanitized helmets)</i>			