

Starfish (ages 6-8) Drop Off 8:40-8:50 am Pick Up 2:40-2:50 pm at Delta Fields off Sun Island Road

Week 8 -August 14-August 18, 2023

Campers with nut allergies are at camp this week. Please do not pack food containing nuts or nut oils.

Thank you!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Group Meeting and Introduction	Board Games <i>Lots of games to choose from; Connect Four, Apples to Apples and more!</i>	Art Studio <i>We will sketch what our imagination floats up, add wax colors and finish up with watercolors tomorrow.</i>	Field Games <i>Sack races, balloon toss, 3-legged races and lots more with watermelon snack</i>	4 Square Tournament
Soccer &/or Gymnastics <i>Soccer skills and drills followed by a game of soccer or group gymnastic moves and skills.</i>	Capture the Flag <i>Camp group game</i>	Tennis <i>(At the Jetties Courts) Improve your technique by playing lots of tennis games! *(You cannot be on the courts without sneakers) * (Camp provides the rackets).</i>	Yoga <i>Practice relaxes every part of your body while in different positions, as professional athletes do.</i>	Soccer <i>Work on Skills and Drills with your group followed by friendly competitions. at Delta Fields.</i>
Whaling Museum <i>a tour, interactive learning and whaling crafts</i>	Marine Collecting <i>at Harbor Creeks</i>		Painting Studio <i>Mix colors to create the perfect watercolor for your waxed sketches-</i>	Children's Beach <i>Swimming, crab catching, playground, and field games.</i>
LUNCH				
Swimming <i>assessments, lessons & pool games for novice to advanced levels (High school pool)</i>	Ice Skating <i>Pack very warm clothes, socks and your labeled bike helmet if you have one. (Skates are provided & sanitized helmets are available at the rink.</i>	Swimming <i>Lessons & pool games for novice to advanced levels (High school pool)</i>	Splashing Fun! <i>We will enjoy Slip & slide, water balloon toss and sprinkler dancing at our base at the Children's House Montessori School</i>	Town Adventure <i>Juice bar ice cream cones or Force Five Candy Room visits with your group hosted by the camp!</i>