

Seniors (ages 9-12) Drop Off 8:30-8:40 am Pick Up 2:50-3:00 pm at 10 Monohansett Road

Week 9 -August 18-August 22, 2025

Campers with nut allergies are at camp this week. Please do not pack foods containing nuts or nut products.

Thank you!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Group Meeting and Introduction	Board Games <i>Lots of games to choose from; Connect Four, Apples to Apples and lots more!</i>	Basketball, Knockout, Four Square, Chalk Designs, Soccer Passes and more	Athletic Wake Up <i>Stretches, injury prevention and cardio drills</i>	Four Square Tournament & Basketball Games
Soccer & Gymnastics <i>Soccer skills and drills followed by a game of soccer with all the senior group, or a choice of gymnastics moves and routines</i>	Capture the Flag <i>Group Game</i>	Art Project <i>Create and Paint Your Own Bird House</i>	Kickball Game	Nantucket Art Galleries & local shop events
Whaling Museum <i>Explore the different historic exhibits in the museum and watch the short film <u>Nantucket</u> by Ric Burns followed by a hands-on activity at the discovery center</i>	Boogie Boarding at Jetties Beach <i>Swimming and Beach Games too!</i>	Tennis <i>Games of Jail, Doubles and many more at (Jetties Tennis Courts)</i>	Head of the Plains <i>Walk around and explore the Head of the Plains, which is home to different birds, deer and other animals that reside in its vast grasslands, wetlands and woodland habitats</i>	Sailing <i>Hop aboard the Endeavor Sailboat. Help assist Captain Jim in hoisting the ship's sails and navigating through the harbor! Nantucket Harbor sailing at its best!</i>
LUNCH (Optional outdoor lunch may be purchased in various island locations on Wednesdays & Fridays, solely for this Senior Group!)				
Swimming <i>Assessments, stroke refinement and learning rescue skills for pre-lifeguard training (Nantucket High School Pool)</i>	Surfside Beach <i>Jumping Waves Soccer and other beach games as well!</i>	Swimming <i>Lessons, stroke refinement and learning rescue skills for pre-lifeguard training (Nantucket High School Pool)</i>	Cisco Beach <i>Jumping Waves Toss around football and play other beach games as well!</i>	Nobadeer Beach <i>Jumping Waves Volleyball and other beach games as well!</i>